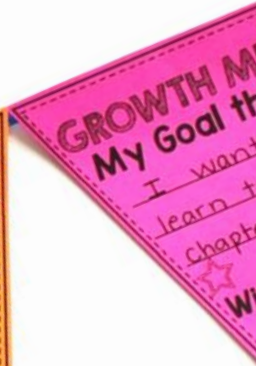
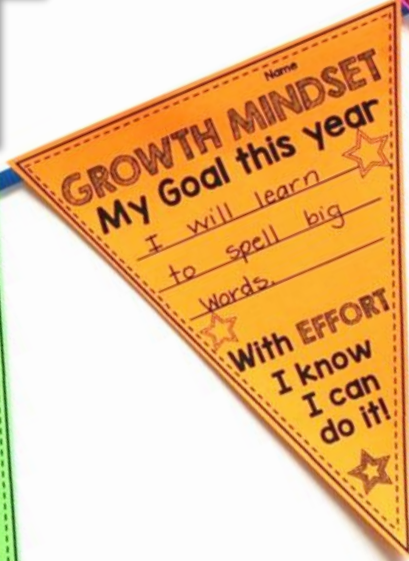


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© Created by:  
Christina Winter

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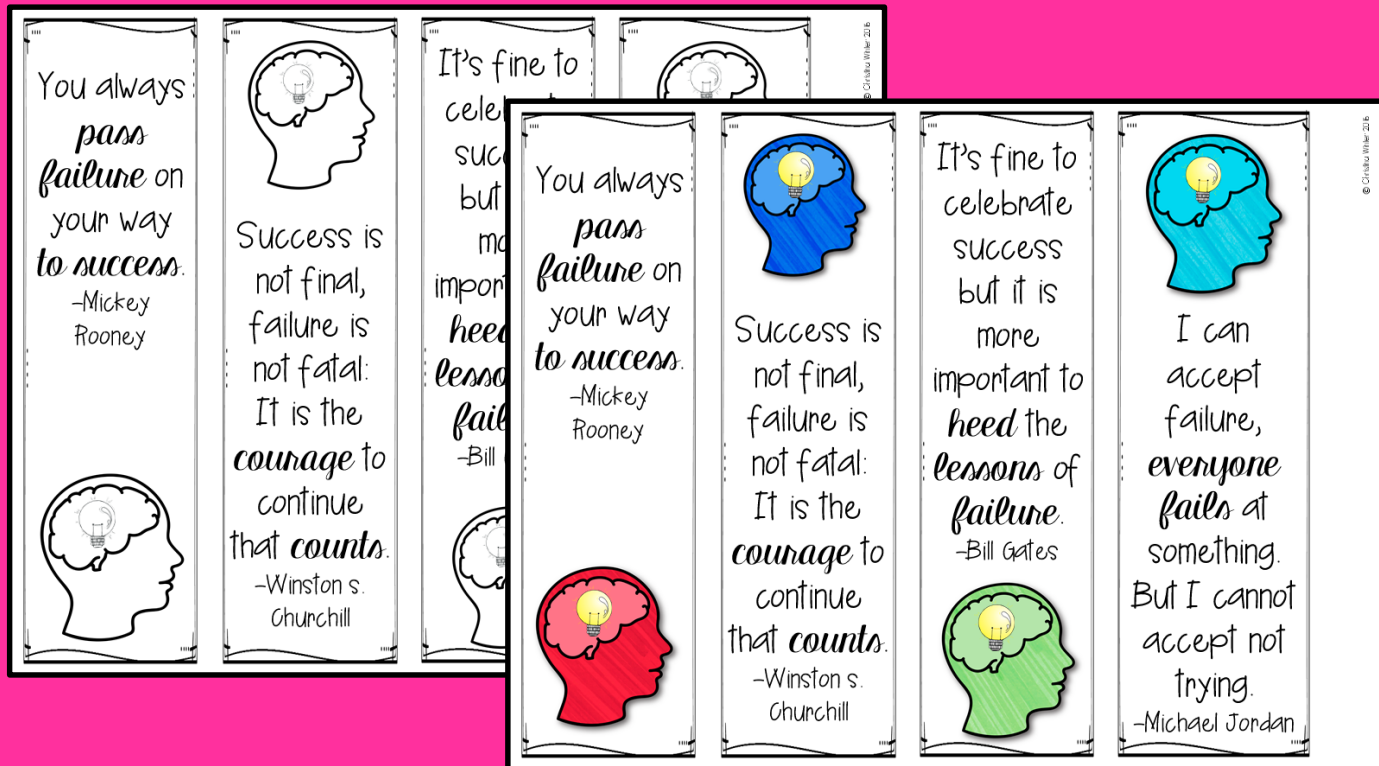
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# Student PRINTABLES





# teacher RESOURCES








## Growth Mindset Teaching Resources

Resource	Link	Description
Carol Dweck, "Developing a Growth Mindset"	<a href="#">Video Link</a>	(For the teacher) Carol Dweck emphasizes the power of "yet" in helping students succeed in and out of the classroom.
The Power of belief -- mindset and success Eduardo Briceño	<a href="#">Video Link</a>	(For the teacher) Eduardo Briceño articulates how mindset, or the understanding of intelligence and abilities, is key. When students or adults see their abilities as Fixed, whether they think they're naturals or just not built for a certain domain, they avoid challenge and lose interest when things get hard. Conversely, when they understand that abilities are developed, they more readily adopt learning-oriented behaviors such as deliberate practice and grit that enable them to achieve their goals. But this belief is itself malleable, and there are clear actions we can all take to establish a growth mindset and enable success for our children, our peers and ourselves.
Class Dojo Mindset Video	<a href="#">Video Link</a>	This video is the first of 5 (short episodes). In this series on Growth Mindset, two monsters named Mojo and Katie explore the different aspects of growth mindset, perfect for K-2 students. You can link to the other 4 episodes from here.
Steve Jobs Growth Mindset	<a href="#">Video Link</a>	Steve Jobs trained his brain to get smarter.
Neuroplasticity	<a href="#">Video Link</a>	This video explains how our most complex organ is capable of changing throughout our lives. This inspiring animation demonstrates how we all have the ability to learn and change by rewiring our brains.
Brain Jump with Ned the Neuron: Challenges Grow Your Brain	<a href="#">Video Link</a>	This short video introduces kids to the powerful idea that taking on challenges can grow and strengthen our brains, and that we have the power to make our brains stronger every day.
Ormie	<a href="#">Video Link</a>	Ormie, a wonderfully determined pig, shows he has a growth mindset by trying multiple attempts to get cookies.
Jordan Failure Commercial	<a href="#">Video Link</a>	(Nike commercial) Jordan explains how his failures have helped him succeed.
Derek Redmond: The Olympian Who Never Gave Up	<a href="#">Video Link</a>	In 1992, the British athlete Derek Redmond was set for the race of his life in the 400m semi-final at the Barcelona Olympics. However, early in the race his dreams were shattered when he felt his hamstring go. Instead of stopping, he began to hobble around the rest of the track, determined to finish.
Famous Failures	<a href="#">Video Link</a>	This video mentions well known people who had failed, but kept pressing on until they became successful.

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## Book & video links

## Growth Mindset Teaching Resources

Description	Book	Description
Just can't mindset Thanks to mindset of she began with in her		Just like how lifting weights helps your muscles get stronger, trying new things without giving up—like finding the courage to put your face in the water the first time you're at a pool—strengthens your brain.
Of paper, a e things to provide thies!		The little girl talks about her future goals and what she is doing right now to prepare for them.
Veres until the most thing.		Ok states that he is "OK" at a lot of things. He tries a lot of different things.
ated to make a mistake and she did not take risks (ice skating) for fear of failure. Later she had a growth mindset when she learned making mistakes is more fun and interesting.		Hare is so sure of his innate talents, he takes it easy. Tortoise perseveres.
Giraffes can't dance		Day after day, Willie studied ice crystals. For 3 winters, he tried drawing snow crystals. He was resilient after many attempts with the camera.
Scaredy Squirrel		Thanks to Grandma's advice, Molly Lou Melon made the best of every situation.
Stand Tall, Molly Lou Melon		

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# Bulletin Board

# PRINTABLES

