

GOAL SETTING

with elementary students



My **S** **M** **A** **R** **T**

Goal

I will learn multiplication facts to 6's

by February 17th. I will reach my goal by

practicing flashcards of my facts and games on my iPad.

Name Ella

Date Jan. 17



OPTIONS, OPTIONS, OPTIONS!

Included in this resource

- goal setting read aloud book suggestions
- PD notes for the teacher
- teaching posters
- SMART goal planning & recording sheets
- Growth Mindset goal planning & recording sheets
- goal reflections
- goal pennants
- student award certificates



Name _____ Date _____

MY GROWTH MINDSET GOAL

My goal _____

I hope to reach this goal by: _____

Strategies or things I will do to reach my goal (be specific)

Ar ha nk

CHECK IN: How am I doing toward meeting this goal?

Date _____

- ☐ I have met my goal
- ☐ I have partially met my goal
- ☐ I have not met my goal YET

Some new strategies I will try if I have not yet met my goal: _____

SMART Goal Planning

S **pecific** What EXACTLY do you want to accomplish?

M **eaningful** How will you know when you meet your goal?

A **chievable** Is it possible to meet this goal with effort by your timeline?

R **elevant** Is this goal worth working hard to accomplish?

T **ime-bound**

Notes for the Teacher

Goal Setting

A goal without a plan is just a wish.
-Antoine De Saint Exupery

Goals come in many forms; they may be purely academic, social, or goals even may have to do with character building. For older students, you may want to determine the difference between performance goals and learning goals.

Goal types defined by Carol Dweck:

- Performance Goal:** a goal that focuses on demonstrating tasks, skills or abilities, and often how the acquired skill or task will be compared to others (*getting an A in French class*)
- Learning goal:** a goal that focuses on overall learning, particular skill or concept (*understanding and ability to sub break French*)

... focus on true mastery- a ... lusions, connect ideas, and ... oriented goals help studen ... ly on isolated tasks. ... achieve in school, le ... ce their ability to a ...

... will make a ... of reach, ... th a str ... ames ... ess



Goal Setting Read Alouds

	Ruby is unlike most little girls in old China. Instead of aspiring to get married, Ruby is determined to grow up, just like the boys in her family.		When Mary Ellen gets bored with her reading, Grandpa knows a hurt for a bee tree in town just what she needs. Half the but it's not until everyone returns home that Mary Ellen makes a discovery of her own. Sometimes, even the sweetest of things must be worked for.
	A little girl ponders what the future holds, steadfast in her determination to find out for herself.		Gerald the giraffe longs to stinky and his legs are too long. But with some sound advice starts away to his own sweet tune.
	Grace loves stories, whether they're from books, movies, or So when she gets a chance to play a part in Peter Pan, she knows exactly who she wants to be.		The classic tale of persevering against the odds!
			The inspirational true story of Sammy Lee, a Korean American who overcame his father's desire that he become a doctor and his own dream of becoming an Olympic champion diver.
	Ping plants his seed and tends it every day. But month after month passes, and nothing grows. When spring comes, Ping is left with an empty pot. Frustrating failure is rampant in this story of honesty.		After their home is destroyed by a fire, Rosa, her mother, and her grandmother save and have them come to buy a really comfortable chair for all to enjoy.

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My Reading Goal

Name _____

Date _____

My Goal: _____

My SMART Goal Planner

Name Ella Date Jan. 17

What EXACTLY do I want to accomplish?
learn multiplication facts to 6

S SPECIFIC

M MEASURABLE

A ATTAINABLE

R RELEVANT

I CAN IMPROVE

Currently I can: _____

I need to improve: _____

My goal is: _____

My plan to achieve my goal: _____

GOAL REFLECTIONS

Name _____

Date _____

My goal was _____

_____ because _____

_____ king towards meeting _____

GROWTH MINDSET

I can _____

I can _____

I can _____

I can't _____

YET

but I will keep trying!

Name _____

GROWTH MINDSET

This year I have a goal to _____

My plan to meet my goal is _____

Name _____

Date _____



My SMART Goal Planner



What EXACTLY do I want to accomplish?



How will I know when I meet my goal?



Is it possible to meet this goal with effort by my timeline?



Is this goal worth working hard to accomplish? Does it help me with term goals?



What is the deadline I have set for this goal?

A goal without a plan is just a wish. ~Antoine De Saint

SMART Goal Planning



What EXACTLY do you want to accomplish?



How will you know when you meet your goal?



Is it possible to meet this goal with effort by your timeline?



Is this goal worth working hard to accomplish?



What is the deadline you set to meet your goal?

A goal without a plan is just a wish. ~Antoine De Saint Exupery